



BIBLIOGRAPHY

Recommended Reading List

CATEGORY: COACHING AND LEADERSHIP

Topics: Coaching: Leadership: Optimism: Possibility: Self-invention: Focusing on Solutions

1. Amen, D. (1998). *Change your brain, change your life: the breakthrough program for conquering anxiety, depression, obsessiveness, anger and impulsiveness*. New York: Random House.
2. Anderson, H. (1997). *Conversation, language and possibilities*. New York: Basic Books.
3. Anderson, H. (2001). *The appreciative organization*. New Mexico: Taos Inst. Publications.
4. Bennis, W. (1993). *An invented life: Reflections on leadership and change*. Addison-Wesley.
5. Bennis, W. and Townsend, R. (1995). *Reinventing leadership: Strategies to empower the organization*. William Morrow and Company.
6. Ben-Shahar, T. (2007). *Happier: Learn the secrets to daily joy and lasting fulfilment*. McGraw-Hill.
7. Block, P. (2002). *The answer to how is yes: Acting on what matters*. San Francisco: Berrett-Koehler.
8. Brown, J., Isaacs, D. & Wheatley, M. (2005). *The world café: Shaping our futures through conversations that matter*. San Francisco: Berrett-Koehler.
9. Cameron, J. (1992). *The artist's way: A spiritual path to higher creativity*. Jeremy P. Tarcher: Putnam.
10. Coffman, C. and Gonzalez-Molina, G. (2002). *Follow this path: How the world's greatest organizations drive growth by unleashing human potential*. Warner Books.
11. Csikszentmihalyi, M. (1990). *Flow: The psychology of optimal experience: Steps toward enhancing the quality of life*. Harper & Row.
12. Csikszentmihalyi, M. (1996). *Creativity: Flow and the psychology of discovery and invention*. Harper Collins.
13. Csikszentmihalyi, M. (1997). *Finding flow: The psychology of engagement with everyday life*. Basic Books.
14. de Botton, A. (2001). *The consolations of philosophy*. New York: Random House.
15. de Shazer, S. (1991). *Putting Difference to Work*. W.W. Norton & Company, Inc.
16. Nalebuff, B. and Ayres, I. (2003). *Why not? How to use everyday ingenuity to solve problems big and small*. Harvard Business School Press.



17. O'Hanlon, B. (1999). *Do one thing different: And other uncommonly sensible solutions to life's persistent problems*. William Morrow & Company.
18. O'Neill, M.B. (2000). *Executive coaching with backbone and heart: a systems approach to engaging leaders with their challenges*. San Francisco: Jossey-Bass.
19. Senge, P. (2006). *Presence: An exploration of profound change in people, organizations and society*. Society for Organizational Learning.
20. Siegel, D. (2007). *The mindful brain: reflection and attunement in the cultivation of well-being*. New York: W.W. Norton & Company
21. Thatchenkery, T. and Metzker, C. (2006). *Appreciative intelligence: Seeing the mighty oak in the acorn*. Berrett-Koehler Publishers, Inc.
22. Thompson, G. (2006). *Unleashed!: Expecting greatness and other secrets of coaching for exceptional performance*. New York: SelectBooks, Inc.
23. Watzlawick, P. (1978). *The language of change: Elements of therapeutic communication*. W.W. Norton and Company.
24. Weisbord, M. (1988). *Productive workplaces: organizing and managing for dignity, meaning, and community*. San Francisco: Jossey-Bass Publishers.
25. Wheatley, M. J. (1998). *A simpler way*. San Francisco: Berrett-Koehler.
26. Wise, N. (2002). *A big new free happy unusual life: Self-expression and spiritual practice for those who have time for neither*. Broadway Books, division of Random House.
27. White, M., & Epston, D. (1990). *Narrative means to therapeutic ends*. New York: W.W. Norton.
28. Wind, Y. and Crook, C. (2005). *The power of impossible thinking: Transform the business of your life and the life of your business*. Wharton School Publishing: Pearson-Education, Inc.
29. Yankelovich, D. (2001). *The magic of dialogue: Transforming conflict into cooperation*. New York: Touchstone.
30. Zander, S. & Zander, B. (2002). *The art of possibility: Transforming professional and personal life*. New York: Penguin Publishing.
31. Zeldin, T. (2000). *Conversation: How talk can change our lives*. New Jersey: HiddenSpring.